

# **Speaker Bio:**

Chris Lewis, MH, CMT

## **Most frequent topics:**

Healing Your Workplace.

The Power on Your Plate: Setting Yourself Up for Healing.

The Natural Cure for Heart Disease.

The Natural Cure for Cancer.

The Natural Cure for Diabetes.

The Biblical Blueprint for Health and Healing -- The Bible Tells How You Can Get and Stay Well!

Herbal First-Aid: Using Safe, Medicinal Herbs to Dramatically Increase the Effectiveness of Standard First Aid Practices and Heal Injuries Previously Considered Incurable.

How to Make Your Own Herbal Medicines for Pennies on the Dollar: So Easy -- a Four-Year-Old Can Do It.

## **Speech: *Healing Your Workplace*** (Can also be adapted for college/school audiences.)

Benefits:

- Increase productivity and profitability.
- Peace of mind -- Knowing you can handle health problems and first-aid situations when they happen.
- Turn your health around and be able to enjoy the rest of your life like you never thought possible.
- Decrease sick days and financial losses due to illness.
- Eliminate the leading cause of family bankruptcy!
- Improve job performance, morale, efficiency, etc.
- Improve mental alertness, concentration, memory, and responsiveness.
- Decreased medical insurance premiums and payouts.
- Have more energy to do what you want to do.
- Finally beat that debilitating or restricting ailment and be happy about life again.
- Dramatically improve your physical appearance to better your rapport with customers and clients.
- Dramatically improve the functioning of your body, mind, and spirit.
- Go way beyond disease management and create a whole new level of complete, vibrant, glowing health.
- Improve self -- esteem and confidence by getting rid of those embarrassing health problems.

## **Why Hire Me? What sets me apart?**

- I believe that health and healing were meant to be fun, simple, and virtually painless -- and it shows in my teaching!
- I'd believe in healing by correcting the root cause of illness and giving the body what it needs to function properly. As a result, the healing methods I teach are far more effective than the standard medical approach of suppressing superficial symptoms with dangerous, painful, expensive treatments!
- Other speakers entertain, motivate, educate, and inspire for an afternoon; I educate in an entertaining, motivational, inspirational way that helps my listeners to change the whole direction of their lives for the better!
- A background in amateur and high school theater and longtime public speaking as a hobby have made me a dynamic, exciting, outgoing and enthusiastic advocate of empowering my audiences to take control of their own health in a way that is fun, simple, understandable, and accessible to everyone.
- I believe that speakers should have extensive experience with their topic and I never recommend anything that I haven't tried myself.

## **Equipment and arrangements I'll need:**

1. One Cordless, Clip-on Microphone (Lapel), attached to the house sound system

2. CD player attached to the house sound system

- I play music before and after my events.

3. Adequate lighting

It is important that I can see my audience and that they can see me. Dim lighting has a negative effect on the audience. If lighting is poor in the room a spotlight will help.

4. Room Set up

For any size audience, seat the people close to the speaker. If the room is rectangular, please have Chris in the middle of the long side.

**Education:** Master Herbalist Certificate from the School Of Natural Healing.

Massage Therapist Certificate from Colorado School of Healing Arts.

Seated Massage Certificate from CSHA.

Reflexology Certificate from SNH.

Shiatsu Certificate from The Bohler Institute.

Back Country Cooking Course at Red Rocks Community College.

## **Work History:**

Herbal practice since 2002.

Massage practice since 2004.

Periodic speaking in engagements and theatrical performances since high school.

## **I have spoken for:**

Amazing Grace Church.  
Maija Salma (meeting planner)  
classes at various churches, etc.  
My high school graduation.  
Private consulting/teaching practice

## **Writings:**

My High School newspaper.  
Various articles and books on my web site, including:

## **Articles:**

Articles can be viewed at: <http://www.chrislewismh.com/articles-commentaries-intro.page.htm>

- 1: **Circumcision: An Ancient Ritual Gone Wrong!**
- 2: **10 Simple Things You Can Do Now To Cleanse Your Body.**
- 3: **West Nile Virus: Pharaoh's Curse or Media Hype?**
- 4: **Thin Corpses: The Effects of High Protein/Low Carb Diets.**
- 5: **No Flu Shots!?! Whatever Will We Do?**
- 6: **Bird Flu: Is the H5N1 virus the next great scourge? Protect yourself and your family.**
- 7: **Antiperspirants: a Great Way to Poison Yourself.**
- 8: **Is Modern Medicine Going Out of Business?**
- 9: **Whole Food Nutritional Supplements from Brain Garden.**

## **Books:**

Available at: <http://www.chrislewismh.com/prod03-books.htm>

*Start Getting Well, Naturally Today!*

*The Foundational Cleansing and Nourishing Program.*

*Natural Foreskin Restoration.*

## **Awards:**

Blue Ribbon from ACSI speech meet -- Category: Devotional Homiletics -- 1998.

Blue Ribbon from ACSI speech meet -- Category: Humorous Interpretation -- 1999.

Blue Ribbon from ACSI speech meet -- Category: Humorous Interpretation -- 2000.

Silver and Blue Award -- Category: Drama -- High School -- 2000.